

## **Library thoughts from the Professor Vol. 1 Chap. 8**

Unfortunately or fortunately for you, depending upon your interest in my reviews, I did not have a lot of time to do reviews with the work I have been doing on Cabin Fever.

However for my fans or fan I did get to review one video for this month.

My review this month is **Field & Stream Formula for Success: Trout with Doug Swisher, Gary Borger and Rick Hafele** which is a 53 minute VHS Video which is part of the 3M Scientific Angler Video series. I probably really didn't need to blurb about the series because it is mentioned several times throughout the video. However if you get by this the video is quite useful especially if you are new to fly fishing rivers and streams. The video's focus as I said above fishing rivers and streams and the techniques, strategies and skills necessary to be successful. Swisher identifies casting techniques and strategies, Hafele on the anatomy of streams including insects and Borger on the tactical side of fishing the stream.

This is not an in-depth video like some of the previous tapes but there it is a good review for those who fish streams and a good introduction to those who want to fish streams.

It will introduce you how to identify where trout are in streams based on the 3 principles of Location, Behavior (food related) and Presentation. It will give some insight as to why trout are where they are and also what's important in choosing flies to fish for trout.

The only caveat I have for this video is that since it is an old video Swisher talks

about casting using the wrist as a primary tool in the casting process and today most people emphasize the opposite keeping the wrist stiff and utilizing the arm and body. However, He does show a lot of different types of cast which are most helpful in fishing streams and rivers.

Overall this is not a bad video especially for those wanting to get a general sense of stream fishing.

If I were taking one video out to watch this would not be it but as an additional video I would.

Tight Lines  
Professor Ernie